

BRICK HOUSE BETTIES

Roller Derby Team

WELCOME PACKAGE



Everything you need to know to get started with us!

Mission statement

Bring your best self
Respect team members, Officials & fans
Inclusive
Competitive & friendly
Keep it positive

Here to play the game, not to blame
Optimistic, open & accepting
Understanding & supportive
Strictly no douchebaggery
Egos checked at the door

Bullies will be blocked
Encourage laughter
Take it to the source
Talk it out; Let it go
I isn't in TEAM but it is in Integrity
Enthusiasm is contagious
Sisters regardless

Membership Requirements

All participants must:

- Be 18 years or older
- Have & wear full gear including: quad skates, knee & elbow pads, wrist guards, helmet & mouth guard

Where do I get gear?

Check out www.rollergirl.ca or Used Derby Gear Vancouver Island on Facebook.

To remain an active member of the Brick House Betties, skaters must:

- Remain current on team dues
- Bear the expense of personal equipment, practice fees, uniforms, skating insurance, team dues & travel
- New skaters are "members in training" for at least 3 months, until the Coaching Committee confirms membership

CRI & Drop-In Fee Policy

Each member pays a \$4.20 to the CRI front desk every time they skate BEFORE gearing up. Skaters sign in with the CRI upon payment. The CRI offers a 10-pass card for convenience.

- Visiting skaters from other teams/leagues are welcome to join our practices. They are required to pay the CRI & Betties' drop-in fees.

Team Dues

Team dues are \$20 per month, paid to the team Treasurer or designated alternate at the first practice of the month. If skaters have not paid their dues by the 7th of the month, they are not eligible to participate in practice until they pay. The Treasurer is to notify the designated alternate of skater(s) in arrears. Members who are unable to pay dues because of financial hardship should communicate the issue to the team Captain or Treasurer.

- Non-members wanting to join the Brick House Betties may skate our practices 3 times before they are required to register & pay monthly dues. The \$4.20 CRI drop-in fee still applies. A \$2.00 drop-in fee is payable to the team each time.
- Injured skaters pay \$10/month dues until they return to participating. They are not required to attend practice, but are encouraged to join off-skates events, meetings, etc.
- Applications may be made for a "leave of absence" for skaters who are unable to attend practices for an extended period of time due to work, injury or personal circumstance (please discuss with Coaching Committee). Skaters on LOA are not required to pay dues for the period of their absence. Should an LOA skater wish to be "in good standing" to vote, they will pay \$10/month dues
- Only "skaters in good standing" (up to date with dues) are eligible to participate in practices, scrimmages, bouts, in-house coaching, & voting
- Officials do not pay team dues, meaning they do not have a vote on the team. Skating officials DO pay drop-in fees to the CRI.
- Any skater may contact the Treasurer to make arrangements to pay dues or arrears

Funds

The Brick House Betties are a non-profit society. All monies collected by the team (fundraised, donated, or sponsored) go back into the team. When team funds are to be spent, it is up for discussion & a vote. Volunteers fill all positions within the team. No one is paid. Financial statements are available to view by appointment with the team Treasurer.

Insurance

All members MUST purchase insurance through Canadian Roller Derby Insurance (CRDi) within 2 weeks of signing the initial waiver form. The insurance offers coverage during practices, scrimmages & games – even while practicing or playing with another team or league. The current rate is \$50/year (pro-rated after July), & needs to be renewed for the next year by Dec 31. The team Insurance Rep will provide necessary information to complete this requirement.

Team Involvement

The Brick House Betties is a "for the skater, by the skater" run team. Team members are strongly encouraged to participate in meetings and community events. Once benchmarked or in Fresh Meat for 3 months, skaters must join & assist in a committee. Team committees include: Bout Planning, Coaching, Dance, Hospitality, Marketing, Merchandise & Sponsorship. The team has elected positions: Captain, Insurance Rep, Inter-League Rep (2), Secretary, & Treasurer. These positions are held for 1 year. If an elected member finds they cannot fulfill their term, a new member will be elected.

Team Culture

First & foremost, the Brick House Betties are about having fun & being funky. The team works hard to grow & develop, & we look for opportunities to compete on the Island & the mainland.

However, we strive to play fair while showing the opposition that roller derby is a good time. The team theme is 1970s funk. Our team colours are yellow & brown, but we also love gold.

Community Involvement

Each year the Brick House Betties try to participate in the May Day (Cumberland), Canada Day (Courtenay) & Nautical Day (Comox) parades. The team has also volunteered for fundraisers such as the Motorcycle Roundup, Ride for Dad (prostate cancer), and Y.A.N.A.

Rules

Roller derby is a contact sport. The Brick house Betties try to follow the WFTDA rule set. Learn about game rules: www.wftda.com/rules

Spectator Policy – *This policy is to ensure safety*

It is a privilege, not a right, to be a spectator at a Brick house Betties practice. At any time, spectators may be asked by the coach to leave the practice space if the team requires it (ie: team meeting, in-house coaching, disruption, etc).

Spectators must:

- Watch practice from the upstairs bleachers
- Be quiet & not interrupt practice
- Stay off the gym floor while practice is in session

Roller Derby Season

September: open skating & recruitment

October – March: training & scrimmages

April – June: training & competition

July & August: the team usually takes 2 months off but enjoys a weekly outdoor skate together

Practice Schedule

Practices take place in the gym at the Cumberland Recreation Institute (CRI) located at 2665 Dunsmuir Ave, Cumberland (unless otherwise stated by a team coach) as follows:

September – June

Sundays 9:15 – 10:45 Fresh Meat / 10:30 – 12:30 Betties

The last Sunday of each month our Juniors, the Stone Cold Stellas, join FM practice

Wednesdays 7:15-9:00 Betties

Love roller derby but not sure about contact? There are others ways to be involved!

You can still be involved by becoming a volunteer. The Brick House Betties often need extra help at scrimmages & bouts. Or, consider becoming a referee or non-skating official (NSO); they are just as necessary as the players during games. If interested, please message the Brick House Betties on Facebook or the Contact Us page at www.brickhousebetties.ca